



Annual Report 2008-2009



Stadium Triathlon Club Annual Report 2008-09

Stadium Triathlon Club is affiliated to Triathlon WA which in turn is affiliated to Triathlon Australia, the International Triathlon Union and the International Olympic Committee.

CORPORATE DIRECTORY

Office Bearers

President	Shaun Sleep
Vice President	Paul Zani
Secretary	Emma Jones
Treasurer	John Palmer
General Committee	Rob Suriano
	Jo Lightman
	Kirsty Holding (Resigned During the Year)
	Isabel Dassdorf (Resigned During the Year)

OUR VISION

The purpose of STC is to maintain a positive environment that enables athletes of all abilities to be a member of a friendly and supportive club that meets their training, competition and social needs.

OUR MISSION

We provide:

- expert coaching and a variety of training activities
- excellent facilities
- educational and development opportunities
- social interaction, and
- competition

OUR VALUES

We value friendship, participation, health and fitness, achievement, co-operation and the opportunity to give back to the community

PRESIDENT'S REPORT

Strategic Plan

At the start of the 2007-2008 season the STC Committee embarked on a strategic planning process aimed at delivering the best possible service and opportunities to the membership. I am happy to say that we are now at the end of the time frame established in that plan and have, through good planning and decision making combined with hard work from many of our members, achieved every aspect of the plan.

Numbers

With over 260 members at the end of the 2008/2009 season, STC is enjoying a period of very healthy growth that reflects the changes made to provide a better service to our membership. The range of training, social and peripheral (eg clothing) activities has engaged all aspects of the membership and feedback has been strongly in support of new initiatives.

Coaching

With a team of qualified and professional coaches, all sessions run by STC have been of a high standard. New sessions and programs have provided opportunities for members to train in group sessions at times more suitable to their lifestyle and specific programs have meant more members are able to target races of their choice and perform at their best.

Financial Position

The increase in membership as well as continued success of the Karri Valley Triathlon has meant that the club's financial position has remained healthy and new purchases have been able to be made. In particular the new trailer (still requiring a permanent home), banners and transition racks have given the club a new sense of energy and enjoyment.

In an effort to make this financial position self sustaining we appointed, for the first time, an Admin and Development Officer for the club. This position should ensure that initiatives that support the growth of the club remain at the forefront of our planning and activities.

Philanthropic Activities

As the final part of the strategic plan to be ticked off, this was a focus of the season and I am happy to say that when it comes to supporting these initiatives, the club was up to the challenge. Our breakfast fundraiser for the Great Good Foundation was a raging success and raised some much needed funds for victims of abuse.

A bit closer to home, the efforts to support Mike Gee were astounding and as club president, I couldn't have been prouder when I handed him the cheque.

Service to membership

Coaching, PR activities, social events, KVT, extra training sessions/seminars and club merchandise are testament to an improved service to members throughout season 2008/2009. Our newsletters also proved to be a hit with great responses for media tart awards, race reports and plenty of photos.

Racing performance

For the second straight year STC were crowned WA Club Champions at the Interclubs. It gave me great pleasure to receive the trophy again and we will be looking for another big turnout at the 2009/2010 Championships.

As well as this team effort there were too many great performances to count from individuals across the season. Congratulations to anyone who achieved PB's, completed races, challenged themselves or just got into good shape and enjoyed the racing.

KVT

This race just keeps getting better. In my opinion it is the best club run race on the calendar. By retaining key organisers over the last 3 years we have been able to focus on improving the race and the absence of any incidents, combined with the feedback received about participant enjoyment really does point to a professionally presented event.

2009/2010 and onwards promises opportunity for growth through further engagement with the local community and triathlon clubs in the southwest.

Social Activities

Pizza nights, season launch, Christmas, KVT meltdown, Ironman and Half Ironman supporters party, breakfast and the season windup - Our social activities are always a highlight of the year and if attendance at Club Bay View is anything to judge by, we did a good job.

Obviously all this can't happen by accident. I am fortunate enough to have worked in season 2008/2009 by a hard working, savvy committee. As a team we have shown a great ability to get outcomes achieved. We are also supported by a great number of our members who provided their own skills, resources and knowledge when asked.

A massive thanks to all those who contributed during the past season. I hope, like me, you gained some satisfaction and enjoyment out of the hard work.

Shaun Sleep
President

ADMINISTRATIVE OFFICER'S REPORT

The position of administrative officer has been in effect since February 1, 2009. Below is a summary of tasks undertaken during that time.

- **Membership:** 275 (includes 8 secondary members). Up from 199 in 07-08.
- **Weekly STC updates:** completely regularly.
- **Clothing:** Orders of various garments completed. Aim is to set up a continuous order system
- **Equipment Purchases:** Swim Cage (\$2640), STC Trailer (\$3,825) and STC logos painted (\$704), 2 X new banners purchased (\$500), transition racks (\$250)
- **Functions:** End of season function at the Captain Stirling Hotel and the AGM arranged
- **PBF Membership:** Arranged for STC membership to provide automatic membership of the PARAPLEGIC BENEFIT FUND (PBF).
- **Karri Valley Triathlon:** Initiated discussions with Albany and Bunbury Tri Clubs. All clubs agreed that we should work together to promote our races. To be discussed further via email. Incentive to avoid clashes with other events.
- **Promotion:** Added STC to HBF website "Find Local health and fitness " http://www.hbf.com.au/Family_Doctor/Find_a_Sports_Club.html and to DSR find a club website <http://www.dsr.wa.gov.au/index.php?id=2454>
- **Sponsors:** Possible agreements with SRG, Bike Force Balcatta, Sports Fever, Power Play Sports among others. Healthway sponsorship submitted for \$2500 (first aid courses and kits, sunscreen, hats, water bottles requested.)
- **Charity Fundraising**
 - Louise Mofflin Appeal. Contributed 2 X KVT entries and 1 X entry to next novice course as prizes for quiz night organised by Raf Buagh.
 - The Mikey Gee fighting fund
 - Greater Good Foundation. \$1000 raised through Saturday breakfast
 - Donation of \$500 to the Victorian Bushfire Appeal
- **Website:** Upgraded web hosting plan. Continue to update website with current information.

Rob Suriano
Administrative Officer

COACHING REPORT

Attendance

See table below. This includes attendance at all sessions (ie regular sessions, novice courses, members only sessions).

	05-06		06-07		07-08		08-09	
	Attend		Attend	% Change	Attend	% Change	Attend	% Change
June	165		63	-62%	186	195%	182	-2%
July	292		169	-42%	197	17%	385	95%
August	221		336	52%	366	9%	452	23%
September	226		377	67%	432	15%	555	28%
October	373		476	28%	698	47%	1256	80%
November	241		543	125%	721	33%	959	33%
December	151		254	68%	390	54%	554	42%
January	431		506	17%	794	57%	1317	66%
February	373		686	84%	909	33%	1588	75%
March	387		540	40%	673	25%	1471	119%
April/May	271		513	89%	641	25%	1014	58%
TOTAL	3131		4463	43%	6007	35%	9733	62%

2008-9 Coaching Staff

Rob Suriano. Accredited Level 1 Triathlon Coach, Insurance: TA coach insurance
 Shaun Sleep. Accredited Level 1 Triathlon Coach, Insurance: TA coach insurance
 Emma Jones. Accredited Level 1 Triathlon Coach, Insurance: TA coach insurance
 Mark Lawson. Accredited Level 1 Triathlon Coach, Insurance: TA coach insurance
 Mike Gee: Accredited Level 1 Triathlon Coach: Insurance: TA coach insurance
 Christi Phipson: Accredited Level 1 Triathlon Coach

2009-10 Kirsty Holding has given up coaching to concentrate on other employment and Christi Phipson has moved to Albany. We will acquire services of one or two other coaches for next season.

Programs:

Novice Course: We ran 3 courses during the past 12 months (Sept-Dec, Jan-March, June-Aug)

The popularity of this course continues to increase and we will offer more sessions to cater for these increases. However, we will still ensure that our sessions do not become too crowded and individual feedback is still possible.

Skills Course (4 weeks over May / June).

HIM course (Jan to May).

City to Surf Running Programs. Shaun Sleep organised a series of programs for 12km, Half and Full Marathon.

Rob Suriano

STC Head Coaching

TREASURER'S REPORT

Attached to this report are the *Income and Expenditure Statement* and *Statement of Assets and Liabilities* as at June 30th 2009.

The number and the range of activities for the 2009 financial year have seen a big increase. The membership base has also risen and both of these things have contributed to more transactions being recorded with a need for more sophisticated accounting treatment. An example of that would be the inclusion of Fixed Assets in the Statement of Assets and Liabilities, thus allocating the cost of such items as our new trailer and swim cage over their useful life rather than being expensed in the year of acquisition.

This accounting treatment has also enabled us to generate a small surplus for the year of \$827. An analysis of this by activity would show a breakdown as follows:

Karri Valley Triathlon (KVT)	\$4,367
Clothing Sales	\$760
Finance	\$334
Fundraising	(\$708)
Membership Activities	(\$3,875)
TOTAL	\$827

KVT continues to be our main contributor to our current sound financial position. To maintain the running of that event will ensure the sustainability of the club's financial base.

Clothing sales were significant this year with the club retaining a profit of less than 5% on sales of \$15,851. Finance is the difference between interest received and bank charges.

Fundraising, being in line with one of our strategic objectives to be involved in our community, saw a major contribution by the membership to one of our own as well as an external organisation. We also contributed \$ 500 to the Victorian Bushfires Appeal.

Membership activities reflect the increased membership base and our capacity to spend funds that directly benefit members. The \$3,387 is the amount that has been spent in excess of subscription received for the year.

I am pleased to report that Stadium Triathlon Club continues to be financially sound, but this sustainability is dependent upon the dedication of those who offer their time on a paid and volunteered basis. While our Constitution does not require the attached financial information to be audited, I will be recommending this be changed during the coming year as matter of good governance and the increased volume and size of the transactions.

John Palmer
Treasurer

Stadium Triathlon Club Inc

Income & Expenditure Statement For the twelve Months Ending June 2009

	2008	2009
	\$	\$
	Full Year	Full Year
Income		
Clothing	5,681	15,841
Fundraising Activities	0	4,657
Karri Valley Triathlon (KVT) Registrations	11,391	11,009
Marshalling	0	0
Memberships	5,965	7,615
Seminar Fees	0	75
Sponsorship KVT	1,000	0
Sponsorships Other	0	0
Interest	401	872
Total Income	24,438	40,069
Expenditure		
Bank & Govt Charges	434	538
Clothing	5,651	15,081
Coaching and Admin and Development Fees	990	3,383
Equipment & Coaching Supplies	307	2,451
Education and Training	507	1,279
Fundraising Expenses	0	165
Gratuity, Gifts or Prizes	110	307
Karri Valley Tri	5,439	6,642
Lane Hire	143	0
Members Functions	0	2,361
Membership Affiliation & Insurance	1,012	1,320
Donation	2,041	5,200
Printing, Stationary & Postage	0	27
Telephone, Postage, Internet	0	438
Total Expenditure	16,634	39,191
Surplus/ Deficiency	7,804	878

Assets & Liabilities as at June 30th 2009	2008	2009
	\$	\$
ASSETS		
Current Assets		
Cash	2,560	22,477
Cash on Deposit	20,000	0
Debtors	0	305
Total Current Assets	22,560	22,782
Non Current Assets		
Plant & Equipment	0	7419
Total Assets	0	30,201
LIABILITIES		
Current Liabilities		
Creditors	0	6763
Total Liabilities	0	6763
NET ASSETS	22,560	23,438
Represented By		
Accumulated Surpluses as at June 30th 2009	22,560	23,438

OUTSTANDING ACHIEVEMENTS BY STC MEMBERS

Triathlete of the Year

Open Male	1 st Sean O'Neill	Open Female	1 st Jasmin Dillion
M 20-24		F 20-24	
M 25-29		F 25-29	1 st Lisa O'NEILL
M 30-34	2 nd Jason NUTTMAN	F 30-34	2 nd Kimberly HOLMAN
M 35-39	1 st Rob Suriano	F 35-39	2 nd Cate LAW 3 rd Nathalie LAURENDEAU
M 40-44	3 rd Michael PRIEST	F 40-44	
M 45-49		F 45-49	
M 50-54		F 50-54	
M 55-59		F 55-59	
M 60-64		F 60-64	
M 70-74		F 70-74	

Triathlete Selected for the Australian World Championship Teams

ITU Olympic Distance Triathlon World Championships Gold Coast, Sept 2009.

ITU Age Category	Name
25 - 29 years	Jasmin Dillon
30 - 34 years	Kimberley Holman
30 - 34 years	Kylie Pepper (Withdrew due to injury)
30 - 34 years	Jade Lane
30 - 34 years	Jason Nuttman
40 - 44 years	Nathalie Laurendeau
40 - 44 years	Michael Priest
60 - 64 years	Jan Billinness

ITU Long Distance Triathlon World Championships Perth, October 2009.

ITU Age Category	Name
Elite	Sean O'Neil
25 - 29 years	Jasmin Dillon
25 - 29 years	Lisa O'Neill
25 - 29 years	Jenni Tibbits
25 - 29 years	Alex Larson
30 - 34 years	Kimberley Holman
30 - 34 years	Melanie Wray
30 - 34 years	Glenn Martinovich
30 - 34 years	Jason Nuttman
35 - 39 years	Mathew Jennings
40 - 44 years	Michael Priest
45 - 49 years	Anne Brinkworth
50 - 54 years	Ian Thomas
55 - 59 years	Angus Lawson
60 - 64 years	Graham Crocker

STC ANNUAL AWARDS

Male Triathlete of the Year	Mark Lawson
Female Triathlete of the Year	Jasmin Dillion
Coaches Award	Ankathrin Franzmann
Novice of the Year	Robyn Hartley
"I want to go faster" Award	Mel Wray
Media Tart of the Year	Rob Suriano