



LAKESIDE LUNCH MENU

7th February, 2009

11am – 2.00pm

(Dine-In or Takeaway)

Menu

Open Steak Sandwich

Grilled sirloin, fresh salad and onion jam
served with hand cut chips

\$15.00

Beef Burger

180gm house beef patty on a sesame seed bun served with salad
double smoked bacon and a fried egg
served with hand cut chips

\$12.50

Toasted chicken foccaccia

served with grilled Mediterranean vegetables & fetta cheese
with hand cut chips

\$12.50

Beer Battered Fish & Chips

Freshly battered barramundi served with crisp chips, tartar sauce and lemon

\$12.50

Smoked Antipasto platter (for 2)

The freshes local produce smoked and served with fresh bread

\$26.00



Lake Side Restaurant

2009 Triathlon

Set Menu
(two course)

5.30 - 7.00pm

\$40.00pp

Entrée

Caesar salad

Crisp baby cos with shaved parmesan, crispy bacon, garlic croutons & finished with anchovy dressing

Avocado & Prawn Tian

Local avocados, diced tomatoes and Spanish onions layered with poached prawns and finished with a hot sour dressing

Cream of Pumpkin Soup

Rich pumpkin soup finished with sour cream, chives and white truffle oil

Mains

Grilled Sirloin Steak

Served with roasted garlic and thyme gratin, grilled stack of Mediterranean vegetables and red wine sauce

Grilled Barramundi

Served on lemon scented mash potato
Wilted summer greens and finished with basil and cashew pesto sauce

Pan Fried Chicken Breast

Served with a pumpkin and spinach risotto, sweet potato chips and a bell pepper coulis



**“Karri Valley Lodge”
(Race Presentation Venue)**

2009 Triathlon

Asian Fair - Noodle Boxes

7.00-9.00pm

Beef Stir Fry

Strips of beef wok fried with crisp vegetables and finished in black bean sauce
\$10.00

Chicken & Cashew Stir Fry

Strips of chicken thigh wok fried with cashews and crisp vegetables and finished with
a lemon and sesame sauce
\$10.00

Vegetarian Hokkien Noodles

Hokkien noodles wok fried with crisp vegetables and finished with a char su sauce
\$10.00

Vegetarian spring rolls

8 crispy vegetarian spring rolls served with sweet soy and lime dipping sauce
\$7.00

Kid's Corner

4 chicken nuggets & chips \$6.00

3 Fish bites & chips \$6.00

Box Chips \$4.00